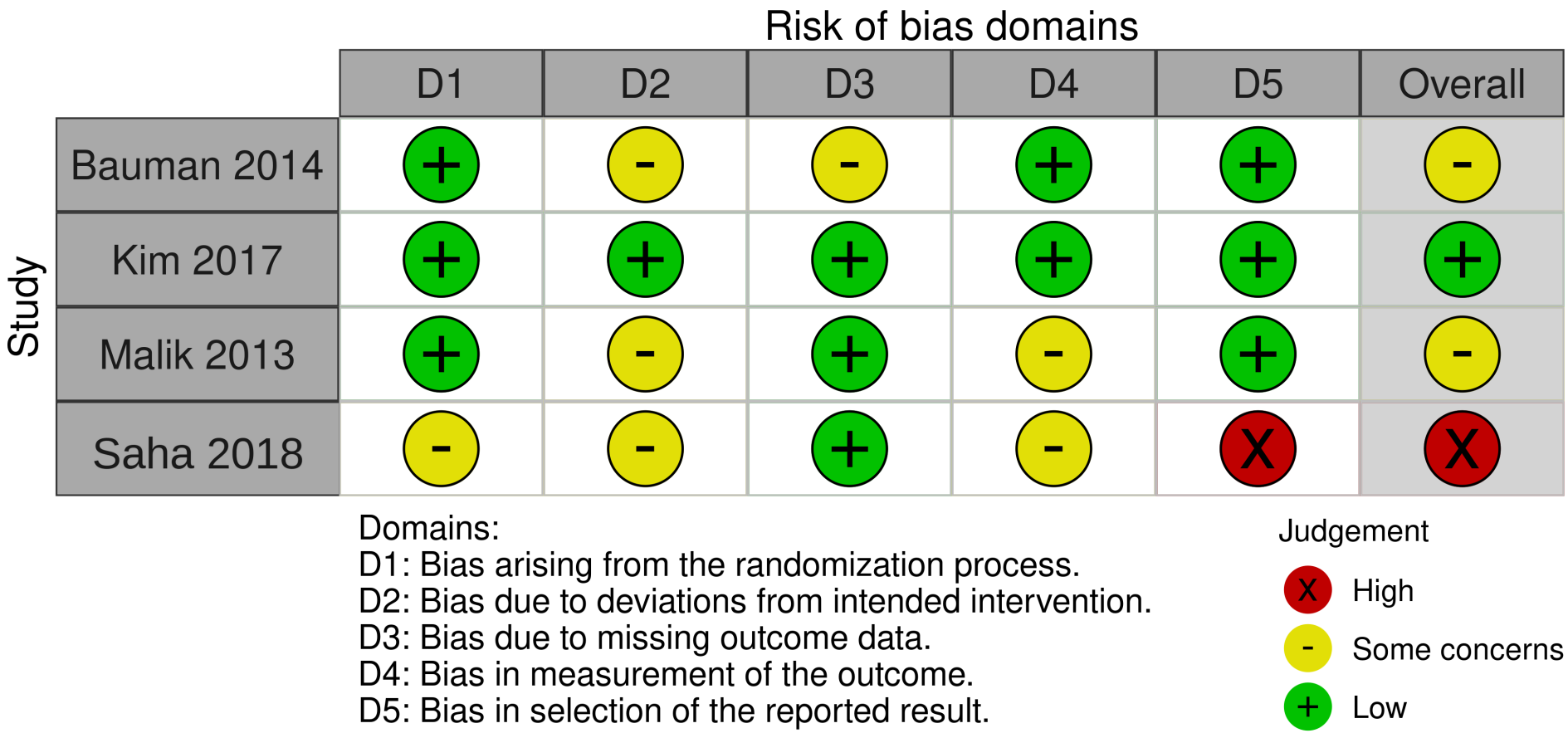
Supplementary Item 4. Risk of Bias in Randomized Trials (RoB 2)



Note. Risk of bias among the included randomized controlled trials was assessed using Version 2 of the Cochrane risk-of-bias tool for randomized trials (RoB 2). Green (+) indicates low risk of bias, yellow (-) indicates some concerns, and red (X) indicates high risk of bias. Domain definitions (D1-D5) are provided within the figure.